

Director

Since one year it was our effort to keep the record of our every activity and give a present shape to the Annual Report of the Diocesan Social Work Society, Lucknow. It was a year of great success in most of our activities like; a year of search for an identity in social development activities, strengthening and formation of SHGs, Initiation of Income Generation Activities, Identifying new differently abled children for Community Based Rehabilitation Programme, Awareness on HIV/AIDS through puppetry and street play, Training TBAs, Capacity building of SHG members on the issues like basic health, women's rights and Panchayati Raj. It delights the heart to see the fruits of our hard work when the poor women from the Dalit community emerging as leaders and contesting in the Panchayat elections. Through the intervention of animation programmes with formation of Self Help Groups (SHGs) we see the poor women becoming more and more assertive and empowered in the community. We have successfully completed the long cherished dream of extension of our training center. It has given a new shape and added beauty to the training center. With these added facilities most of our difficulties and the inconveniences have come to an end, we are grateful to our generous donors. The Diocesan Perspective Plan for the social work in our Diocese has given us the real picture of our Diocese. It has become a great help to us to plan and focus on new areas in the Diocese.

The programmes implemented by the Diocesan Social Work Society, Lucknow over the past year had also provided all of us with opportunities for new learning's and helped us to initiate new ways and new techniques in the development sector.

As we look back we have every reason to be proud of the growth we have made during the last one year and the contribution we have made to the community.

I take this opportunity to thank all our well wishers who stood by us and journeying with us for fulfilling our goals.

Finally I thank all our dear people in the working area for being with us, the staff in the working area, the supervisors, co-ordinators and the staff in the center.

Fr.Gerald D'Souza
[Director]

Organizational Profile

The Diocesan Social Work Society, Lucknow (DSWS) is a Registered non profit making charitable organization registered under Societies Registration Act XXI, 1860 No.855/91-92. Ever since, the DSWS has been engaged in the process of empowering the poor and the marginalized and attempt to incarnate the social justice, peace and fullness of life to all in the structures of the society. We help the marginalized especially the women to liberate themselves and come to the mainstreams of the society. To achieve this, DSWS adopts various measures to work as an effective agent of social change. We consider this mission as our preaching of God's kingdom of Justice, Peace and Equality.

As of today, DSWS has a full time Director, an Assistant Director, Programme Officer, Programme Co-coordinator for differently able people, 21 development co-coordinators, one women co-coordinator, 32 supervisors and 219 animators 12 communication team members, 7 office staff who are successfully carrying out developmental programmes and engaged in 697 villages of 10 districts in Uttar Pradesh.

OUR VISION

We visualize a society based on Gospel values such as justice, Peace, equality and fullness of life for all.

Our Mission

To empower the marginalized sections of society especially the women, Dalits, children and neglected in the Society, by raising their social, economical, political, moral, spiritual and health status

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Governing Body

The Governing body consists of the Patron, President, Secretary and 8 members elected from the General Body. The period of their term is for three years. It meets at least once in a year and decides upon various programmes and projects proposed by the working core team consisting of the Director and staff members. Bishop. Albert D'Souza is the patron of DSWS.

Self Help Groups

The present age favours the brave and the courageous person who is able to cope up with this hostile world and carve a niche for himself/herself. The same is true of any society because perhaps only those societies have been able to transform themselves to cope up with the fast changing situations and meet the demands of the world where people have been able to create forums of their own for identifying issues of common concern, developing their latent talents, prioritizing their needs and learning new ways to identify their potentialities. The Self Help Groups are one of those forums where people of different castes, ethnic, creeds, and of different social status come to form a group to strengthen their mutual and fraternal relationship. This becomes also a platform to solve their social, political and economic problems collectively by joining hands together. At present *PRABHAT TARA* has **305 SHGs** which have become the dynamic means of initiating social, political and economic empowerment processes.

Capacity Building Programme

The trainings on Panchayati Raj

Panchayati Raj plays an important role in the development of the society and in the upliftment of the rural population. Prabhat Tara organized a number of training programmes on Panchayati Raj for the animators and the members of the SHGs. The main focus of the training was on the concept and the history of PRI, Decentralization process, 73rd amendment of PRI, rights, roles and the responsibilities of the village Pradhan, village committees, secretaries and related personnel etc. which were explained. The resource personnel also explained the different developmental schemes and the ways of benefiting from these schemes. Role play and group discussions were used for the trainings.

The trainings on Self Help Groups

The well functioning Self-Help Groups have become the dynamic means of initiating social, political and economic empowerment processes. These SHGs have given a new dimension to the outlook of the rural women. Prabhat Tara organized a number. of trainings on the SHGs. The main content of these trainings were the purpose of formation of SHG and its growth into a well functioning SHG, roles and responsibilities of the SHG leaders and members and their capacity building, bank linkages, networking and on the

concept and different aspects of the income generation activities. The trainings were also given on the social analysis, gender sensitization, and participatory rural appraisal and on community based organization. Role play, group discussions and charts were used for the trainings.

Exposures cum Trainings

Exposure trip is a great learning process as it helps the beneficiaries to see for themselves the well functioning institutions and their good works. Their one-to-one interaction with members of the groups and their motivational sharing inspire them. They take inspiration from these well functioning groups for their own groups and aspire to reach the status of these groups by following in their footsteps.

Prabhat Tara organized the following exposure trips for the animators and the SHG leaders to enhance their capacity.

Seminars & Workshops and Meetings at Prabhat Tara by other Agencies

Prabhat Tara has a well equipped training centre with all the necessary facilities available, which is made available for all the NGOs, GOs and other institutions for conducting their trainings, workshops and the meetings.

Monthly Evaluations

Critical and objective evaluation of any programme enhances the programme to achieve its goal. In the first week of every month a day is fixed for each project and on that day the animators, supervisors and the co-ordinators come to Prabhat Tara Social Work Centre and in the presence of Women Co-ordinators and Director their work is evaluated and make plans for training and the other programmes as per the programmes proposed in the project. On that day some inputs and the refresher courses are also imparted to them. This is also a day of learning by interaction with each other and with the staff of other projects. This has worked wonders for the animators as these interactions and sharing of real happening events have shown them the ways to solve their own problems in their respective areas.

Income Generation Activities

The economic empowerment of the people depends on the opportunities available and the optimum use of the available opportunities and the resources. The formation of the SHGs has given poor members of these SHGs ample opportunity for their economic empowerment. They have started small income generation activities to support their families with the income. Prabhat Tara organized a number of trainings for these SHGs members to facilitate them to start these income generation activities.

The following is the list of income generation activities carried out by the SHGs members of different areas:- (Tables)

Awareness Activities:

Street play and Puppetry are the powerful media to create awareness and address the issues affecting the communities. To create awareness among the poor especially women and to tackle the issues affecting them, DSWS has formed a team for puppetry and street play consisting of local women and men. The puppetry and the street play address the political, social and religious situations of the people in the area. The team also provides assistance to other NGOs to create awareness among the people.

Childrens Day

Children's Day was celebrated at different centres of our working areas. On that day the children from the working area and those who are studying in our non formal centres

were called together and competitions were organized to exhibit their latent talents. Various competitions were conducted for the children from different villages and non formal centres such as solo and group songs, paintings, skits and athletic events. The central team gave them a beautiful message by entertaining them through their puppetry. At the end of the Programme the Pradhan of the village and the other present chief guests encouraged the children to work hard to achieve something in their life.

World's HIV/AIDS Day

The World's HIV/AIDS Day was celebrated at different centres of our working areas. On that day awareness was created among people and the efforts were made to clarify their misunderstandings and the doubts through roll plays/skits and puppetry. The SHG members themselves presented some awareness songs and skits on HIV/AIDS. The chief guests of these celebrations also spoke on the evil effects of this dreaded disease and asked the people to acquire information on HIV/AIDS and become an effective instrument in saving their and others' life.

HIV/AIDS Day at Sandila

On 10th Dec 2005 the people from 6 villages of Sandila block gathered together and organized an awareness programme on HIV/AIDS. The total number of 110 people was present for the programme. Mitashree Gosh from Pant Institute of studies for Rural Development and Dr.Ashok Mishra from Primary Health centre were the resource persons. Sr.Sandra SRA

Republic Day

A Republic Day was celebrated with great interest and enthusiasm among the women in the village. They organized a procession and loudly shouted slogans with great patriotic feelings. The women from the different villages presented their patriotic songs and enacted skits. This was an occasion to exhibit their patriotic feelings and the love for their country.

Women's Day Celebration

This year Prabhat Tara decided to celebrate the International Women's Day not at one common place for all the centers but at the different centres in the working areas. Different dates were decided for all these centres and necessary arrangements were made. The women SHG members of all these centres actively participated in organizing this event. Rallies were organized to demonstrate their empowerment and through the cultural programmes such as dance, skits and singing they exhibited their inherent talents. On this day the women also took the pledge to fight for their rights and work collectively to remove corruption that is prevalent in the society

Community Based Rehabilitation

Through the generous help of the Liliane Fonds Prabhat Tara is able to help 101(17 mentally challenged; 29 hearing impaired; 42 visually impaired and 13 physically challenged) differently abled children for their education, treatment and 5 differently abled grown ups for the income generation programmes. The study material and other necessary things are provided for school going children and for grown ups assistance is given to start petty shops or some other small handicraft industry to support themselves with the income. Prabhat Tara is always sensitive to the needs of these differently abled people and makes a special effort to improve their inner talents to match up to the excellence with normal people.

Various activities in Khairabad

Under the able leadership and guidance of Sr.Consilia HCM, apart from formation of SHGs, the following programmes are being implemented in Khairabad Block in Sitapur District. The major programme in this area is community based TB control programme which caters to the needs of over 5 lakh people. The constant efforts and door to door visits of facilitators/health workers have helped hundreds of people to be fully cured and have community based support and care in the society.

Christmas Celebration

Prabhat Tara is equipped with the latest digital lights and sound system which is used for our school annual functions. On the Christmas day at St. Joseph's Cathedral, Hazratganj, Christmas play was acted out in which Prabhat Tara's light and sound system was arranged. Prabhat Tara Family gathered together on 31st December to celebrate the Birth Day of Jesus Christ and the coming New Year 2006. Cultural programmes were arranged to mark these events. The Prabhat Tara family thanked God for the blessings received during the year, 2005 and implored God's choicest blessings in the coming New Year, 2006.

Visits of other Personnel to monitor and for Evaluation

Fr. Peter Castelino, Ms Mary P.T., Miss Lilly Mathew and Mr. Soheb from UKSVK and Miss Sushmita IGSS visited at different interval to evaluate and monitor the programme implemented by Diocesan Social Work Society, Lucknow.

Udaan -2007