

Prabhat Tara Social Work Center

OUR VISION

We visualize a society based on Gospel values such as justice, peace, equality and fullness of life for all.

OUR MISSION

To empower the marginalized sections of society especially the women, dalits, children and neglected in the society, by raising their social, economical, political, moral, spiritual and health status

The Diocesan Social Work Society, Lucknow (DSWS) is a non-profit making charitable organization registered under the Societies Registration Act XXI, 1860 No.855/91-92. Ever since, the DSWS has been engaged in the process of empowering the poor and the marginalized and attempts to incarnate the social justice, peace and fullness of life to all in the structures of the society. We help the marginalized especially the women to liberate themselves and come to the mainstreams of the society. To achieve this, DSWS adopts various measures to work as an effective agent of social change. We consider this mission as our preaching of God's kingdom of Justice, Peace and Equality.

Our Objectives:

- ❖ To organize the communities and strengthen local leadership.
- ❖ To facilitate creative participation of women in socio-economic and political processes.
- ❖ To capacitate the people to realize their potentialities and fight for their right.
- ❖ To net-work with government and other like minded NGOs in the field of development.
- ❖ To improve the health status of poor by promoting community health activities.

Our strategies:

- ❖ Animation
- ❖ Formal and Non- Formal education
- ❖ Community Health especially RCH
- ❖ Capacity building
- ❖ Formation of groups like People's Organizations, SHGs, CBOs and Federations
- ❖ Community based rehabilitation programme
- ❖ Awareness on HIV/AIDS
- ❖ Gender sensitization
- ❖ Legal literacy
- ❖

Governing Body

The Governing body consists of the President, Vice President, Secretary and 8 members elected from the General Body. The period of their term is for three years. It meets at least 4 times in a year and decides upon various programmes and projects proposed by the working core team consisting of the Director and staff members. The Bishop of the Catholic Diocese of Lucknow is the President of DSWS.

General Body Meeting:

The 17th Annual General Body meeting was conducted on 16th of April 2008 at Prabhat Tara Social Work Centre, Lucknow. The Annual Report of various activities and the accounts were presented and passed in the meeting. The appointment of the Auditor Mr. Tuli & Co. for the financial year 2008-2009 was proposed. The other suggestions/proposals came up during the meeting; The Bishop of Catholic Diocese of Lucknow to be the President and Vicar General Vice President of the DSWS, Lucknow respectively.

Activities and Achievements in the year 2007-2008

Women Empowerment Programme

Women empowerment programme in Nigohan of Mohanlalganj block focuses on empowering women through various means to realize their potentials and to make them aware that they are an asset to their family, to their community and world at large as partners of nation building. As part of this programme total number of 106 women as well as Kishori SHGs are formed in the area. These SHGs are formed into federation at village, panchayat and block level. Various trainings and orientation programmes on different issues of community were imparted to the women. As a result, the women have been empowered socially, politically, economically and legally. As a result of empowerment, now we have 1 women District Development Committee member (DDC), 2 Block Development Committee members (BDC), 2 village Pradhans, and 7 elected women Panchayat members. Women take active participation in the Panchayat meetings and they are empowered to have access to the government schemes. By Income generation activities women have improved their economic status of the family especially in education and health aspects. Participation of women in the Panchayat meeting has improved and education of children specially the girl children has improved to 80%. The empowered women take initiatives to approach banks, panchayat, health institutions, schools to monitor the education and the midday meal system. They also make use of the Right To Information Act to get the information and fight for the right of the citizen. This project was funded by Caritas and project is completed in October 2008.

Community health programme

Community health programmes are implemented in 60 villages of Gosainganj block and 60 villages of Unnao block. As a result of the commitment of the staff and the cooperation of the people in the area, the programme has achieved good results in the aspects of health and hygiene among the people. It has brought changes among the people like: to go for regular immunization of children and of pregnant women, reduction in MMR and IMR, knowledge and use of herbal medicine, ensuring safe delivery in the community, promoting the community to have access to health services from ANM, PHC and CHC. These health committees also play a role as pressure groups in the villages so that the government runs health units are pressurized to bring improvement in available public health facilities and their services. Puppet shows, street plays, trainings and workshops on different health issues, are part of this programme. A total no. of 180 SHGs and 45 CBOs and 25 kishori groups are running in this area. Programme in Gosainganj is completed on 31st March 2009 and the programme in Unnao will be completing in October 2009.

Integrated Development through Empowerment and Action

The programme Integrated Development through Empowerment and Action started with an objective to integrate all the programmes supported by Caritas India to bring them into one

common platform. Together with integration of all the programmes we had identified 10 villages as focused area for the intervention. there is qualitative changes in the life of people in the sectors of health, education, women empowerment and Human Rights in the span of 2 years. As a part of this programme, a Core Development Cell (CDC) has been formed to plan, monitor and evaluate the programme. To strengthen the CDC there are various thrust area committees formed like: thrust area committee of Education, Health, Differently abled and Marginalized. These committees suppose to meet at every quarter and present the report in the CDC. The concept of the Integrated Development through Empowerment and Action (IDEA) is applicable to the entire development activities in the Diocese. At field level the targeted people are benefiting from the programme and there is improvement in the level of education of children, service from the health workers in the villages, awareness on government schemes and on human rights IDEA phase-1 is completed on 31st March 2009.

Gender and Development

The Gender and Development programme in 10 villages of Barabanki started in 2001 with a goal of transformation of society through empowering the women. The empowerment of women started with few set objectives. They are:

- To increase the literacy rates among adolescent girls and women and enhance their level of assertiveness and decision making.
- To create awareness on health and hygiene and improve reproductive child health
- To improve the women's access to resources through creation of a resource base on Self Help basis
- To improve the economic status of women through promotion of micro enterprises among the members of Self-Help Groups

To realize these objectives the women were capacitated with trainings on various issues like education, health, gender, human rights etc. Through the implementation of various programmes, good number of strong SHGs, CBOs and Federations are functioning in these 10 villages. Individual and group Income Generating Activities (IGAs) are taken up by the SHGs. The achievement and progress is visible among the women and within their family.

Programme for the differently abled.

The programme for the differently abled is to supported by Liliane Foundation and they support for the education and treatment of the differently abled. The Diocesan Social Work Society, Lucknow is supporting 46 Physically challenged, 28 mentally challenged, 53 hearing impaired and 53 visually impaired children for their education.

Communication programme

The communication programme intends to bring the message of love and service to humanity and motivate the people through street plays, video shows, cultural programme, puppet shows etc., to promote humanitarian service in rural as well as in urban areas of Lucknow Diocese.

The programmes are conducted in villages and schools on important events like Christmas, children's day, and women's day celebrations. The programmes are also presented on various themes like: health, education, gender, human exploitation, human rights, alcoholism, superstitions, corruption etc. this programme completed on 31st December 2008.

Project on Livelihood:

Capacity Building Programme

Refresher trainings are conducted according to the need of the time. In this reporting period the staff and the partners are given trainings on different topics like Process Documentation, Right Based Approach, Entrepreneurship Development Programme (EDP) and legal awareness by different experienced resource personnel. These trainings help them to update their knowledge, improve their skills and bring better results in the programmes.

No	Topic	Place	Date	No. of members	Resource person
1	RCH	Prabhat Tara	9 th – 12 th April 08	28	Dr. Merlin Khan
2	Right Based Approach	Prabhat Tara	7 th -8 th July 08	52	Fr. Francis. K.M
3	PRI and its schemes	Prabhat Tara	3 rd and 4 th 2009	41	Mr.Saket

Awareness programmes

Awareness programmes through puppet shows and street plays capture the minds of the people and it is a powerful media to convey the message to large number of people in the villages. The various programmes which were conducted in the villages on different issues like: HIV/AIDS, Health issues, Gender, Human exploitation, corruption, child marriage etc. The programmes were conducted as per the need of the village.

Prabhat Tara a Venue for seminars and workshops.

The training center was made available to various organizations:

No	Agency	Place	Date	Partici pants	Resource person
1	Training on health (CRS)	Prabhat Tara	9 th - 12 th April	25	Dr. Merlin Khan, Dr. Keke Chatergee
2	Partners meeting of CRS	Prabhat Tara	14 th 15 th October '08	32	Mrs. Deepti &co
3	SHG Leaders training BEADS	Prabhat Tara	18 th October	35	Mr. Santhra, Hariram
4	IDEA partners meeting by Caritas	Prabhat Tara	21 st -22 nd November '08	16	Bishaka, Noni, Manoj
5	Exposure from RCDSS Ajmer	Prabhat Tara	27 th and 28 th Jan '09	38	Mr. Krishna

The list of the motivational trainings conducted for the leaders and members of the SHGs by the staff and externals during the year:

The selected leaders and members of SHGs are given trainings on various topics at central level as well as at field level to make them aware of their rights as well as their role and responsibilities in getting their rights and thus bring development in their own community.

- SHG leaders training on book keeping , leadership skills, PRI and its schemes and IGA

- Training to CBO leaders on social action, IGA, RTI, NREGA, Right to food and PRI
- Training on Reproductive Child Health, immunization, prenatal and post natal care, nutritious food, etc.
- Domestic Violence
- NREGA(National Rural Employment Guarantee Act) and its implementation
- Right to Information and human right
- Midday meal and right to food
- Preventive and Promotive health, seasonal illness and prevention
- HIV/AIDS
- Alternative medicine/ herbal medicine
- Federation and its function, role and responsibilities of the office bearers.
- Micro Finance and income generating activities

External Evaluation:

During the year at different intervals, personnel from different agencies visited the working area of DSWS to evaluate and monitor the ongoing programmes implemented by DSWS. The personnel include Sr. Freeda and Mr. Toni from UKSVK and Mr. Purna from IGSSS. Every monitoring and

evaluation by the externals gives us encouragement to do better and exchange new ideas and methods; above all it is a mutual learning to achieve better results in the development field.

Common celebrations at village level:

Celebrations of important days and events have become part and parcel in the life of the people. Every important event is celebrated at village level. It shows the interest and participation of people in the programme. Participation of people in the events is the achievements of the programme in empowering women, youth and children in the target area.

Sl.No	Place	No. of SHGs	No. of Members
1	Nigohan	109	1263
2	Gosainganj	113	1484
3	Unnao	107	1225
4	Barabanki	19	262
	Total	348	4234

